



CENTRAL UNION HIGH SCHOOL DISTRICT
HAVE QUESTIONS? GET ANSWERS HERE
2024/2025

Customer Service

Website

MEDICAL

Anthem Blue Cross PPO (SISC)	See I.D. Card	www.anthem.com/ca/sisc
Blue Card - Providers Outside California	See I.D. Card	
Navitus Prescription Drug Card	(866) 333-2757	www.navitus.com
Costco Free Generics and Mail Order	(800) 774-2678 (press 1)	www.costco.com
Carrum Health (No cost hip, knee, spine surgery options)	(888) 855-7806	www.carrum.com/sisc
Enhanced Cancer Benefit Contigo Health	(877) 220-3556	www.contigohealth.com/sisc
Hinge Health - Physical Therapy for Back or Joint Pain	(855) 902-2777	www.hingehealth.com/sisc
MDLive - Register by Calling or Go Online (PPO)	(800) 657-6169	www.mdlive.com/sisc
Maven – 24/7 Access to Virtual Maternity Care and Postpartum Support		http://mavenclinic.com/join/SISC
Sydney App - One click access to benefits info (PPO)		Download from your App Store
Vida Health - Personal Health Coaching (PPO)	(855) 442-5885	www.vida.com/sisc
Expert Medical Opinion - Teladoc (PPO and SIMNSA)	(855) 380-7828	http://www.teladoc.com/sisc
SIMNSA Medical (SISC) – San Diego Office	(619) 407-4082	www.simnsa.com

EAP's (Employee Assistance Plan)

Anthem Blue Cross (SISC Members)	(800) 999-7222	www.anthemead.com
Holman Group (All Employees)	(800) 321-2843	www.holmangroup.com
Delta Dental Preferred PPO	(866) 499-3001	www.deltadentalins.com
SIMNSA	(619) 407-4082	www.simnsa.com

VISION

Vision Service Plan (VSP)	(800) 877-7195	www.vsp.com
TruHearing (Discount Hearing Aids)	(877) 396-7194	www.truhearing.com/vsp

Flexible Spending Accounts /Health Savings Accounts

American Fidelity	(800) 662-1113	www.afadvantage.com
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Other

Trustmark (Voluntary Universal Life & Voluntary Critical Illness)	(800) 918-8877	www.trustmarkbenefits.com
MetLife Legal	(800) 821-6400	www.members.legalplans.com (website code: 9901566)
<i>ID Theft Protector</i>		www.idandcredit.com/idtheftassist
The Hartford Life	Contact the District	
General Questions <i>Keenan & Associates</i>	Keenan & Associates	www.keenan.com
· Andrea Estrin	(949) 940-1760 x5133	aestrin@keenan.com